



SUPPORTING DOCUMENTS

3.2.2

NUMBER OF WORKSHOPS/SEMINARS CONDUCTED ON RESEARCH METHODOLOGY, INTELLECTUAL PROPERTY RIGHTS (IPR) AND ENTREPRENEURSHIP DURING THE YEAR



National Webinar on Psychological Factors Affecting Personality Development

Objective:

The webinar aimed to equip participants with the psychological factors affecting their personality.

Description:

The Department of Physical Education in collaboration with UGC Cell, organized a National Webinar on “Psychological Factors Affecting Personality Development” on November 22, 2024. The webinar was organized on Google Meet platform, Prof. George Abraham, Chennai (T.N) was the resource person of the webinar. Dr. Yogamaya Panda, PG Department of Psychology, Shialbala Women’s Autonomous College, Cuttack, Odisha was the moderator of the webinar. The resource person gave important information to the delegates about personality traits. More than 50 participants were connected through online and offline mode in the webinar. Dr. Ashwani Kumar was the webinar convener. The Principal, Prof. (Sr.) Molly Abraham welcomed the speakers and the moderator of the workshop. After the session, the moderator concluded the session and discussed in detail the personality traits of individuals. The vote of thanks was proposed by the Miss Ritul Chauhan, President, NSO. Participants gave positive feedback about the webinar.

Outcome:

- Personality development involves all of the factors that influence *how our personalities form and change* over time. This can include our genetic background and the environment where we are raised. While personality tends to be pretty stable, it can change over time, especially as people get older.

Social Media Link: <https://www.instagram.com/p/DEJ0EytSlaB/?igsh=MW95aHFsaIBraXI4eQ>



St. Bede's College, Shimla, (H.P)

NAAC RE-ACCREDITED 'A' GRADE

Department of Physical Education

*(In collaboration with UGC Cell)
is organising a*

NATIONAL WEBINAR ON PSYCHOLOGICAL FACTORS AFFECTING PERSONALITY DEVELOPMENT

Date: November 22, 2024 (10.30 to 12.00 pm IST)

Resource Person



Prof. George Abraham
Chennai, (T.N), India
Orcid Id:0000-0002-9763-533X

Moderator



Dr. Yogamaya Panda
Department of Psychology, Shatlabala Women's Autonomous College,
Cuttack, Odisha, India, Google Scholar: <https://scholar.google.com/citations?user>

Patron

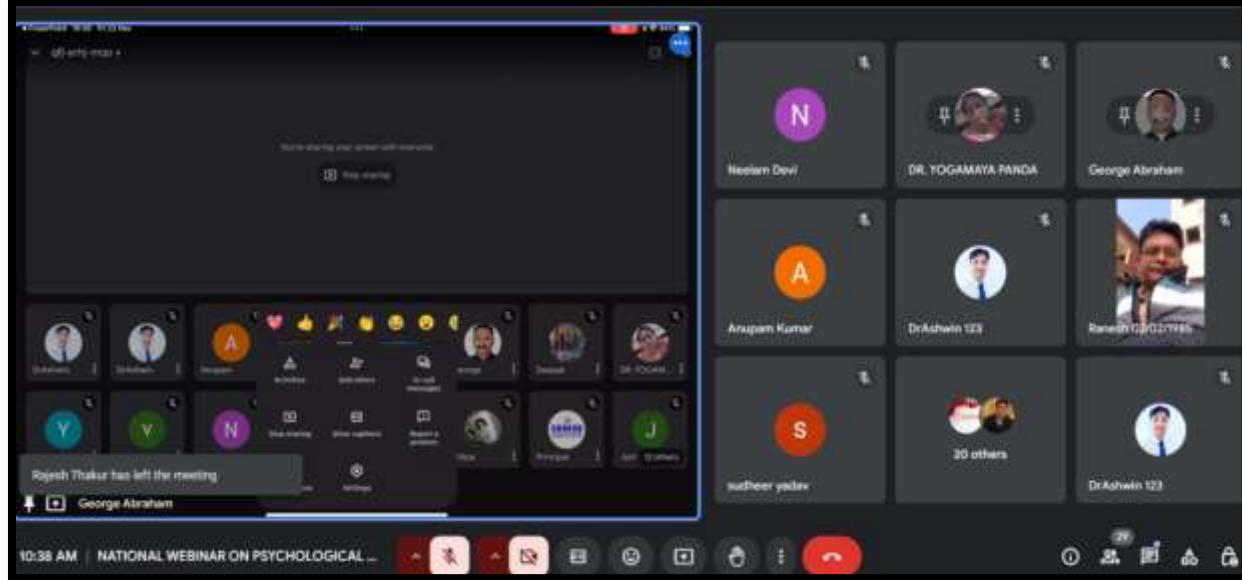
Prof. (Sr.) Molly Abraham
(Principal)

Convener

Dr. Ashwani Kumar
(Dept. of Phy. Edu.)

Google Meet Link: <https://calendar.google.com/calendar/u/0/c/htp/2Yn2sgPs1vNrb>

Brochure



National Webinar on Psychological Factors Affecting Personality Development (November 22, 2024)



George Abraham (Presenting)

10:39 AM | NATIONAL WEBINAR ON PSYCHOLOGICAL...

The screenshot shows a video conferencing interface. On the left, a vertical sidebar displays a list of recent video calls. The main area features a presentation slide with the following content:

St. Bede's College, Shimla, HP
Department of Physical Education

NATIONAL WEBINAR
ON "PSYCHOLOGICAL FACTORS AFFECTING PERSONALITY DEVELOPMENT"

Dr. George Abraham
georgeabrahamhun@gmail.com Ph: +91 9966625562

On the right, a grid of participant thumbnails shows the following names and initials:

- N (Neelam Devi)
- D (DR. YOGAMAYA PANDA)
- G (George Abraham)
- A (Anupam Kumar)
- D (Dr. Ashwin)
- S (Sudheer Yadav)

At the bottom right, a message indicates: "Screenshot copied to clipboard" and "Automatically saved to screenshots folder".

10:39 AM | NATIONAL WEBINAR ON PSYCHOLOGICAL...

The screenshot shows a video conferencing interface with a grid of participant thumbnails. The participants are:

- N (Neelam Devi)
- DR. YOGAMAYA PANDA
- George Abraham
- A (Anupam Kumar)
- Dr. Ashwin 123
- Rakesh D202/1985
- George Abraham (highlighted with a blue border)
- 20 others
- Unknown 123

A message box in the bottom right corner says: "Someone wants to join this call" with options "Accept" and "View".

National Webinar on Psychological Factors Affecting Personality Development (November 22, 2024)



George Abraham (Presenting)

Determinants of Personality

- Physical Determinants
- Psychological Determinants
- Intellectual Determinants
- Social Determinants
- Other factors: Situation, Family and Culture



10:46 AM | NATIONAL WEBINAR ON PSYCHOLOGICAL ...

Participants (10): N, DR. YOGAMAYA PANDA, George Abraham, A, Anupam Kumar, Dr.Ashwin 123, S, sudheer yedav, K, KHUSHI RAM BHAGAT, 23 others, Dr.Ashwin 123

George Abraham (Presenting)

What is personality Development?

Personality development refers to the process by which the organized thought and behavior patterns that make up a person's unique personality emerge over time.

Personality Traits

- Introversion
- Openness to experience
- Conscientiousness
- Agreeableness



10:50 AM | NATIONAL WEBINAR ON PSYCHOLOGICAL ...

Participants (10): Ashwani Awasthi, DR. YOGAMAYA PANDA, George Abraham, A, Anupam Kumar, Dr.Ashwin 123, PREM CHAND, S, Sanj Sharma, 31 others, PREM CHAND has raised a hand

National Webinar on Psychological Factors Affecting Personality Development (November 22, 2024)



George Abraham (Presenting)

Internal Psychological Factors affecting Personality

- Culture
- Genetics
- Cognitive Development
- Environment
- Family
- Education
- School
- Hereditary Influence
- Situation
- Social Medias



10:56 AM | NATIONAL WEBINAR ON PSYCHOLOGICAL F...

Parwati Kaur DR. YOGAMAYA PANDA George Abraham

Anupam Kumar Dr.Abdul 123 PREM CHAND

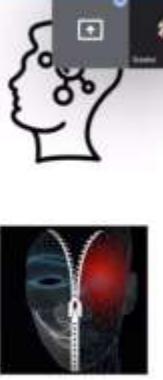
Sandej Sharma 26 others

PREM CHAND has raised a hand. Open question

George Abraham (Presenting)

Personality Development Tips

- Identify Your Current Traits
- Identify Your Values
- Set a Daily Personal Development Goal
- Keep a Positive Mindset
- Be Confident



Sumitava Rana PREM CHAND

44 others

Dr.Abdul 123 (You)

Ansukal kumar 678

dharmen negi

11:40 AM | NATIONAL WEBINAR ON PSYCHOLOGICAL F...

National Webinar on Psychological Factors Affecting Personality Development (November 22, 2024)



1.	ashwani28.2010@rediffmail.com	Dr. Ashwani Kumar	St. Bede's College Shimla	Male	Physical Education	H.p
2.	yogamayakunu@gmail.com	Dr. Yogamaya Panda	Shailabala Women's Autonomous College, Cuttack	F	P. G. Department of Psychology	Odisha
3.	profgeorgeabraham@gmail.com	Prof. George Abraham	YMCA	Male	Physical Education	Tamil Nadu
4.	jaspalsinghlp@gmail.com	Dr.Jaspal Singh	MGKM Shahi Sports College Samrala Ludhiana PB INDIA	Male	Department of Physical Education	Punjab
5.	vs25574@gmail.com	VIPIN SINGH	Sultanpur	M	Physical education	Uttar Pradesh
6.	debabratasarkar@gmail.com	Dr. Debabrata Sarkar	Adamas University	Male	School of Education	West Bengal
7.	sonu1979chauhan@gmail.com	Dr.Praveen kumar	Victoria College of education bhopal	M	Physical education	Madhya Pradesh
8.	abhijeetbhu23@gmail.com	Dr. Abhijeet Singh	Saraswati vidya mandir Science and Technology postgraduate College Lalganj Pratapgarh,	M	Physical education	U P
9.	nangarevp@gmail.com	Dr. Vikramsinh Pandharinath Nangare	R.C.Shahu College, Kolhapur affiliated to Shivaji University, Kolhapur	M	Department of physical education and sports	Maharashtra
10.	sajadsultan0@gmail.com	Dr.Sajad Ahmad Dar	J&K	M	Physical education	Jammu and Kashmir
11.	sheela1979chauhan@gmail.com	Dr sheela devi	Victoria college of education	F	Physical education	Madhya pradesh
12.	mukudhiman3@gmail.com	Dr Mukesh Kumar	PGDAV College (M) University of Delhi	Male	Physical education and sports science	Delhi
13.	magansy8@gmail.com	Mr.Magan singh yadav	Central University of punjab	M	Physical education	Uttar pradesh
14.	kasimkhan559@gmail.com	MOHD QASIM	University of Lucknow	M	Physical education	Uttar Pradesh
15.	kakubaniya1983@gmail.com	Dr.Vinod Kumar	Govt. College jukhala, Bilaspur H.P.	M	Physical Education	Himachal Pradesh
16.	ashish6307533@gmail.com	Ashish kumar singh	N. N. P. G. College gonda	M	Physical education	U, p
17.	abhimannukumar289@gmail.com	Abhimannu	Dr Ram Manohar Lohia Avadh University	Male	Bsc Ag	Uttar Pradesh
18.	rajanverma27197@gmail.com	Mr RAJAN KUMAR	Himachal Pradesh University Shimla	Male	Physical education	Himachal Pradesh
19.	9430kumaraditya@gmail.com	Aditya Kumar	Dr Ram Manohar Lohia Avadh University Faizabad Ayodhya, UP	M	Agriculture	Bihar
20.	raip17469@gmail.com	Mr. Prashant rai	Ayodhya	M	Physical education	UP
21.	haryprasad1993@gmail.com	Harishchandra Prasad Prajapati	Lucknow University	Male	Physical education	Uttar Pradesh
22.	deepanshubhatt522@gmail.com	Deepanshu bhatt	Nandini Nagar mahavidyalay navabganj Gonda	M	Physical Education	UP



23.	akankshadwivedi322@gmail.com	Akanksha dwivedi	Ayodhya	F	Psychology	UP
24.	sslav015@gmail.com	Lavkush	Bhu	M	Physical education	Up
25.	shabanakhatoon18.786@gmail.com	Mrs. Shabana Khatoon	Swarnima Gujarat sports University	Female	Physical Education	Uttar Pradesh
26.	kbrajyadav@gmail.com	Brajesh Kumar yadav	Haryana education department	M	Education department	Haryana
27.	amangupta224123@gmail.com	Aman gupta	Kailash pati sikshan evm prashikshan	Male	Psychology	UP
28.	avinashraiggv@gmail.com	AVINASH KUMAR	GURU GHASIDAS VISHWAVIDYALAYA CHHATTISGARH	MALE	DEPARTMENT OF PHYSICAL EDUCATION	CHHATTISGARH
29.	karishma23121997@gmail.com	Karishma Varshnev	Gonda	Female	Psychology	Uttar Pradesh
30.	yadavbanti63@gmail.com	Banti kumar	Guru Ghasidas vishwavidyalaya Bilaspur	M	Physical education	Chhattisgarh
31.	rajky2111@gmail.com	RAJ KARAN YADAV	UNIVERSITY OF ALLAHABAD	MALE	PHYSICAL EDUCATION	UTTAR PRADESH
32.	jpoonam774@gmail.com	Poonam Joshi	K.S.Saket P.G.College Ayodhya	F	Physical Education	UP
33.	rashmit13177@gmail.com	Dr.Rashmi Trivedi	Rabindranath Tagore University	Female	Education	Madhya Pradesh
34.	adityasingh02020@gmail.com	Aditya singh	Jananayak Chandrasekar university	Male	Physical Education	Uttar pradesh
35.	saumyarai131997@gmail.com	Miss saumya rai	Lucknow university	Female	Physical education	Uttar pradesh
36.	shreyasinghhky@gmail.com	Miss Shreya Singh	University of Lucknow	Female	Physical education	Uttar Pradesh
37.	kudleepsingh123@gmail.com	Dr. Kuldip	Chitrakoot	Male	Psychology	M.P
38.	goldythakur@gmail.com	Dr. Rahul Thakur	Nandurbar	Male	Psychology	M.H
39.	chanderprabha@gmail.com	Chander Prabha	Gaya	F	Psychology	Bihar
40.	marsjose@gmail.com	Marx Jose	YMCA COLLEGE OF EDUCATION	Male	Phy. Edu.	Chennai T.N
41.	Srinath179@gmail.com	Srinath M.S	Chennai	M	Psychology	T.N
42.	SRIDEVI@GMAIL.COM	Dr. Sridevi K J	Banalore	F	Psychology	K.A
43.	Dilip77@gmail.com	Dilip C N	Aluva	Male	Psychology	Kerala
44.	haripriya@gmail.com	Dr. H Priya	Aluva College	F	Psychology	Kerala
45.	akhilsingh@gmail.com	Akhil K Singh	LNCPE	M	Psychology	Kerala
46.	harishkumar@gmail.com	Dr. Harish	Central Uni. Gaya	M	Psychology	Bihar
47.	ranbirsingh@gmail.com	Dr. Ranvir	Bhatinda	M	Phy. Edu.	Punjab
48.	jitenderkumar@gmail.com	Dr Jitender Singh	CRS Uni. Jind	M	Phy. Edu.	Haryana
49.	duttkaram@gmail.com	Karam Dutt	Haripurdhar	M	History	H.P
50.	mohilkaran@gmail.com	Karan Mohil	Govt. College Haripurdhar	M	History	H.P



51.	pandeyrc@gmail.com	Dr. R.C.Pandey	Dr.RLA Uni. Ayodhya	M	Phy. Edu.	U.P
52.	srivastavasanjay@gmail.com	Dr. Sanjay S	Lucknow	M	Phy. Edu.	U.P
53.	kholiaks@gmail.com	Dr. K.S.Kholia	Almoda	M	Phy. Edu.	Uttrakhand
54.	prasharnaresh@gmail.com	Dr. Naresh Prashar	Radoli, Ayodhya	M	Phy. Edu.	U.P

Attendance Sheet